



ELECTRONIC PRESS KIT • 2026/2027

THE BEAT GOES ON. LONG LIVE THE NEW, NEW FLESH.

Flesh For Lulu emerged from Brixton, London in 1982 and built an underground following through the post-punk and goth scenes before developing a distinctive sound that could move between punk attitude, glam, pop, and darker alternative textures. The band originally signed to Polydor, and later entered its classic era with Beaggers Banquet.

In 2027, Flesh For Lulu return to the live stage first with a 40th Anniversary celebration in honor of the late Nick Marsh. The band will then tour with original members Rocco Barker, James Mitchell, Kevin Mills, adding former FFL members Keith McAndrew and Bish Bishop.



THE STORY

Long Live The New Flesh, recorded at Abbey Road Studios with Producer Mike Hedges generated "Postcards From Paradise" and "Siamese Twist" while "I Go Crazy" became the band's breakthrough American hit after its inclusion in John Hughes' film Some Kind Of Wonderful.

Plastic Fantastic followed in 1989. Produced by Mark Opitz in Australia, the album continued the band's crossover between alternative rock, new wave and pop. "Decline And Fall" reached #15 on the U.S. Billboard Modern Rock chart; "Every Little Word" reached #14 on the U.S. Dance chart; and "Time And Space" reached #9 on the U.S. Alternative chart. Tracks from the album also appeared in the John Candy film Uncle Buck.

THE CATALOG RETURNS

Omnivore Recordings has curated expanded 2-disc editions of Long Live The New Flesh and Plastic Fantastic (Release date: October 16, 2026). These reissues place Flesh For Lulu's classic catalog back into focus while introducing the band's music and history to a new audience.



Long Live The New Flesh –
Omnivore Recordings
<https://omnivorerecordings.com/shop/long-live-the-new-flesh/>



Plastic Fantastic –
Omnivore Recordings
<https://omnivorerecordings.com/shop/plastic-fantastic/>

CURRENT LINEUP

Rocco Barker – guitar / vocals
James Mitchell – guitar / vocals
Kevin Mills – guitar / vocals
Keith McAndrew – bass / guitar / vocals
Bish Bishop – drums

SELECTED ESSENTIAL TRACKS

[I Go Crazy](#)

[Postcards From Paradise](#)

[Siamese Twist](#)

[Decline And Fall](#)

BAND

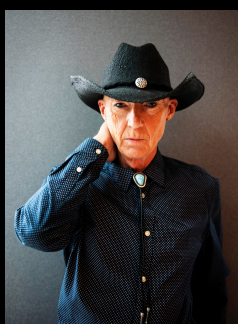
Rocco Barker



James Mitchell



Kevin Mills



Keith McAndrew



Bish Bishop



MANAGEMENT / BOOKING

Management

Will "Willabee" Carlan for 808AM
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Agent

Rick Shoor for Paradise Artists
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Official Band Website

fleshforlulu.com